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<b>Thesis Title</b>	<b>OBESITY AMONG FEMALE STUDENTS IN DHIQAR UNIVERSITY</b>
<b>Year</b>	<b>2015</b>
<b>Abstract</b>	<p><b>Introduction</b> Obesity is a medical condition in which excess body fat has accumulated to the extent that it may have an adverse effect on health, leading to reduced life expectancy and/or increased health problems.</p> <p><b>Aim of study</b> To measure the prevalence of obesity among female students of Dhi Qar University and to study some factors that might be associated with obesity.</p> <p><b>Subject &amp; Methods</b> A cross sectional study carried out in Dhi Qar University for period from 1st of October 2013 to end of October 2014 on stratified sample of 400 female students from different colleges of the University. The data was collected by the researcher by direct interview using a prepared questionnaire. The questionnaire included demographic, anthropometric, lifestyle, self image and self esteem information.</p> <p><b>Results</b> The prevalence of obesity for studied female students 35%. Obesity of the female students was significantly associated with wearing gown as home clothes (p=0.03), in the same line, obesity of the female students was significantly associated with wearing Aba and/or gown as outside clothes (p=0.05). A significant association was observed between obesity of female students and their perception of their weight (p&lt;0.001).</p> <p><b>VI</b> <b>Conclusions &amp; Recommendations</b> Prevalence of obesity among Dhi-Qar University female students was</p>

**high. Diet, physical activity and health, in addition to inclusion of healthy lifestyle programs in the curriculums of colleges should be supported.**

