Smoking

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Session’s Objectives:

• To Appraise how big is the health problem caused by smoking
• To identify people who smokes?
• To analyze reasons behind their being smokers
• To create ideas helping individual smokers to quit
• To identify how we can prevent smoking, or reduce the harm it causes, in populations?
Student’s Tasks

- How big is the health problem caused by smoking?
- Types of Tobacco use and chemicals and chemical compounds in tobacco smoke
- Who smokes and Why do they smoke?
- How tobacco harms; Health risks of smoking?
- How can we help individual smokers to quit?
- Secondhand smoking; Burden & risks.
- How can we prevent smoking in children and females?
- How can we prevent smoking, or reduce the harm it causes, in populations?